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Best word-of-mouth skin care SWEET SUSKIND

www.sweetsuskind.com Check this: In New York City, all-natural skin care line **Sweet Suskind** is car-ried at über-hot boutiques and plugged in Vogue and Allure by the likes of actress/model Shalom Harlow. likes or actress/model Shalom Harlow. But here on T-dot turf, everyone (except us, of course) is sleeping through this story of hometown tal-ent! Be the first to name-drop and get the goods straight from the source, creator Samantha Campbell.

Best retail time travel STICKS AND STONES ANTIQUES 1854 Queen East, 416-699-9611, www.sticksandstonesantiques.com

www.sticksandstonesantiques.com
As with all journeys, time management is key. Be sure to allocate a satisfying amount of shopping hours on
your trip through the decades at
Sticks and Stones Antiques, Just cruising the retro jewellery counters can
take days. Looking for the real fashion
deal, as in original Pucci? This is your
place. Antique furniture? Ditto place. Antique furniture? Ditto.

Best Botox alternative FONG WANG COSMETIC ACUPUNCTURE 16 Pendrith, 416-530-4195

Cosmetic acupuncturist Fong Wang can stop time. Not only by minimizing your frown lines, but by erasing any thought of the day's pending schedule. Western esthetic techniques and Eastern acupuncture combine for a

prime meridian of inside-out beauty and stress relief.

Best cool clothes for the coinchallenged H&M (HENNES & MAURITZ)

1 Dundas West, 416-593-0064, and others

Better watch your back, Le Chateau. Now that H&M's scored a prime slice of Eaton Centre real estate, it looks of Eaton Centre real estate, it looks like it will be the retail ruler of dispos-able clothing. With three floors of impossibly low-priced goods and of-the-second stylings, there's clearly no competing with this international 57-year-old mega-brand. Look for a new store set to open October 28 at 15 Bloor West.

Herbal retail high STUDIO BOTANICA

1616 Queen West, 416-533-8803, www.studiobotanica.com With an organic garden out back and sweet-smelling herbal remedies in the front, Studio Botanica operates as a modern-day apothecary, minus any actual drugs, of course. An awesome selection of ingestible and topical products, many organic, proves that living chemical-free is not only possible, it's

Best calf-accommodating boots ROTERING SHOES

545 King West, suite 408, 416-596-9854, www.roteringshoes.com

Canada is boot country. But what do you do if your calves don't fit off-the-