



ABOUT FACE

Our cross-country guide to the wildest (and worthiest) facials.

TORONTO

By Leah Rumack

THE COSMETIC ACUPUNCTURE FACIAL

The Deal: Fong Wang, a certified acupuncturist and registered aesthetician, combines her two disciplines into a full Western-style facial with a Chinese acupuncture session to lift and tone the skin. Based on the concept that “disease” is caused by blockages of the body’s energy, or “qi,” tiny sterile needles are inserted along meridian lines to undo blockages, increase blood circulation and stimulate collagen production, reducing the appearance of fine lines.

The Drill: After a relaxing standard facial with Yon-Ka and Dr. Mehran products, you’ll get either a glycolic peel or a microdermabrasion session depending on your skin type, the time of year and what you prefer. Wang will then insert needles into key points on your face and head, with a few on your body. You end up looking like the poster girl for *Hellraiser*, but don’t worry, nobody’s watching. After about 20 minutes, Wang removes the body needles, and you get a sturdy leg and arm massage. Note: While this is possibly the best deal in town, it is strictly no-frills. Treatments take place in Wang’s home.